

CLAPPING RHYTHMS

Level 1: Quarter Notes/Rests

GODDARD MUSIC STUDIOS

TOMMY GODDARD (ASCAP)

① ♩ = 1 Beat

Clap & Count

1 2 3 4 Rest 2 Rest 4 1 2 3 4 1 Rest 3 Rest

*R L R L L L R L R L R R

Clap & Count

1 2 Rest 4 1 2 3 Rest 1 2 3 4 Rest 2 3 4

R L L R L R R L R L L R L

Clap & Count

Rest 2 3 Rest 1 2 Rest Rest 1 Rest Rest 4 Rest Rest 3 4

L R R L R L L L R L R R L

Clap & Count

1 2 3 4 Rest Rest 3 4 1 Rest 3 Rest 1 2 Rest 4

R L R L R L R L R L R L L

Clap & Count

1 2 Rest Rest 1 2 3 4 Rest 2 3 4 1 2 3 Rest

R L R L R L L R L R L R R

Clap & Count

Rest 2 Rest 4 Rest Rest 3 4 Rest 2 3 4 Rest 2 Rest 4

R L R L L R L R L R L R L

Clap & Count

1 Rest 3 Rest 1 2 Rest Rest 1 2 3 4 Rest Rest Rest 4

R L R L R L R L R L R R L

Clap & Count

1 Rest Rest 4 1 2 Rest 4 1 Rest 3 Rest Rest 2 Rest 4

R L R L L R L R L R L R L

*You may clap or play these rhythms with the provided hand patterns.

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Level 2: Half Notes/Rests

 9 $\text{♩} = 2 \text{ Beats}$

Clap & Count

1 2 3 4 1 2 Rest 4 1 Rest Rest 4 1 2 3 4

R L R L R L R L R L R L R L

10

Clap & Count

1 2 3 4 1 Rest 3 Rest 1 2 3 4 Rest 2 3 4

R L R L R L R L R L R L R L

11

Clap & Count

1 2 3 4 1 2 3 4 Rest 2 3 4 Rest 2 3 4

R L R L R L R L R L R L R L

12

Clap & Count

1 Rest Rest 4 1 2 3 Rest 1 2 Rest 4 1 2 3 Rest

R L R L R L R L R L R L R L

13

Clap & Count

1 Rest 3 Rest 1 2 3 Rest 1 Rest 3 4 1 2 3 4

R L R L R L R L R L R L R L

14

Clap & Count

1 2 3 4 Rest 2 3 4 1 2 3 4 1 2 Rest 4

R L R L R L R L R L R L R L

15

Clap & Count

1 2 3 Rest 1 Rest Rest 4 1 Rest 3 4 1 2 Rest 4

R L R L R L R L R L R L R L

16

Clap & Count

1 2 3 Rest Rest 2 3 4 1 2 3 4 1 2 3 4

R L R L R L R L R L R L R L

Level 3: Dotted Half Notes/Rests

17 $\text{♩} = 3 \text{ Beats}$

Clap & Count

1 2 3 4 1 2 3 Rest 1 Rest 3 4 Rest 2 3 Rest

R L R R L L

18 1 Rest 3 4 1 2 3 4 1 Rest 3 Rest 1 2 3 4

Clap & Count

R L R L R L R L

19 1 2 3 4 Rest 2 3 4 Rest 2 3 4 1 2 3 4

Clap & Count

R L R L R L R L

20 1 2 3 4 Rest 2 3 4 1 Rest 3 4 Rest 2 Rest 4

Clap & Count

R R L R L R L L

21 1 Rest 3 4 1 2 3 4 Rest 2 3 4 Rest Rest Rest 4

Clap & Count

R L R L R L R L

22 1 2 3 Rest 1 2 3 4 1 2 3 4 1 2 3 4

Clap & Count

R R L R L R L R L R L

23 1 2 3 4 Rest 2 3 4 1 Rest Rest 4 Rest 2 3 4

Clap & Count

R L R L R R L R L

24 1 Rest 3 Rest Rest 2 Rest 4 1 2 3 Rest 1 2 3 4

Clap & Count

R L R L R R L R

Level 4: Whole Notes/Rests

25 $\circ = 4$ Beats

Clap & Count

1 2 3 4 1 2 3 4 1 2 Rest 4 1 2 3 4

R R L R L R L L R

26

Clap & Count

1 2 3 4 Rest 2 3 4 1 2 3 4 Rest 2 3 4

R L R L R L R L R L

27

Clap & Count

1 2 3 Rest 1 2 3 4 Rest 2 Rest 4 Rest 2 3 Rest

R L R L R L R R L R

28

Clap & Count

Rest 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

L R L R L R R L L

29

Clap & Count

1 2 3 4 1 2 3 4 Rest 2 3 4 1 Rest Rest 4

R L R L R L L R

30

Clap & Count

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

R L R L R L R R L

31

Clap & Count

1 2 3 4 1 2 3 4 1 Rest 3 Rest 1 2 3 4

R L L R L R L R

32

Clap & Count

Rest 2 3 4 1 2 3 Rest 1 2 Rest 4 1 2 3 4

R L R L

Levels 1-4 Review

33 1 2 3 4 Rest Rest 3 4 1 2 Rest 4 1 2 3 4

Clap & Count

34 1 2 3 4 Rest 2 3 4 1 2 Rest 4 1 2 3 4

Clap & Count

35 1 2 3 4 Rest 2 Rest 4 1 2 Rest 4 1 2 3 4

Clap & Count

36 1 2 Rest 4 1 2 Rest Rest 1 2 3 4 1 2 3 4

Clap & Count

37 1 Rest Rest 4 1 Rest 3 4 Rest 2 3 4 1 2 3 Rest

Clap & Count

38 Rest 2 3 4 Rest 2 3 4 1 2 3 Rest 1 2 Rest 4

Clap & Count

39 Rest 2 3 4 1 2 3 4 Rest 2 3 4 1 2 3 4

Clap & Count

40 1 2 3 4 Rest 2 3 4 1 2 3 4 Rest 2 3 4

Clap & Count

Level 5: Eighth Notes

④1 ♪ = 1/2 Beat

Clap &
Count

1 2 3 4 & 1 2 3 & 4 1 2 & 3 4 1 & 2 3 4

R L R R L R L R R L R L R L R L R

④2

Clap &
Count

1 & 2 3 & 4 1 2 & 3 4 & 1 2 3 & 4 1 2 & 3 Rest

R L R L R L R L R L R L R L R L R

④3

Clap &
Count

1 & 2 & 3 Rest Rest 2 3 & 4 1 & 2 3 4 1 2 3 & 4

R L R L R R L R L R L R L R L R L R

④4

Clap &
Count

1 2 & 3 4 1 & 2 3 & 4 1 & 2 3 4 Rest 2 3 & 4

R R L R L R L R L R L R L R L R L R

④5

Clap &
Count

1 & 2 & 3 Rest 1 & 2 3 4 & 1 & 2 3 4 & 1 2 3 & 4

R L R L R R L R L R L R L R L R L R

④6

Clap &
Count

1 & 2 3 & 4 1 2 & 3 4 & 1 2 3 & 4 & 1 2 & 3 Rest

R L R L R L R L R L R L R L R L R

④7

Clap &
Count

1 & 2 & 3 Rest Rest 2 3 & 4 1 2 & 3 & 4 1 2 3 & 4

R L R L R R L R L R L R L R L R L R

④8

Clap &
Count

1 & 2 & 3 & 4 & 1 2 & 3 & 4 1 2 3 & 4 & 1 2 3 & 4 &

R L R L R L R L R L R L R L R L R

Level 6: Eighth Note Upbeat Rests

49 $\text{♩} = 1/2 \text{ Beat}$

Clap & Count

1 2 3 4 1 2 3 4 1 2 & 3 4 & 1 2 3 & 4

R L R L R L R L R R L R R L R L R L R

Clap & Count

50 1 2 3 4 1 & 2 & 3 4 1 2 3 & 4 & 1 2 3 & 4 &

R L R L R L R L R L R L R L R L R L R L

Clap & Count

51 1 & Rest 3 & Rest 1 2 & 3 & 4 1 & 2 & 3 4 & 1 & 2 3 & 4

R L R L R L R L R L R L R L R L R L R L

Clap & Count

52 1 2 & 3 4 1 & 2 3 4 & 1 2 3 & 4 1 2 & 3 4

R R L R L R L R L R L R L R L R L R L

Level 7: Eighth Note Downbeat Rests

$\text{♩} = 1/2 \text{ Beat}$

Clap & Count

53 1 2 3 4 Rest & Rest & Rest & Rest & 1 & Rest & 3 & Rest & 1 2 Rest & Rest &

R R R R L L L L R L L R L L R R L L

Clap & Count

54 Rest & Rest & 3 4 1 & Rest & 3 4 & Rest & 2 3 Rest & Rest & Rest & 3 & Rest &

L L R L R L L R R L L R L L L L R L L

Clap & Count

55 1 & Rest & 3 & Rest & Rest & 2 & Rest & 4 & Rest & 2 & 3 & Rest & 1 2 Rest & Rest &

R L L R L L L L R L L R L R L L L R R L L

Clap & Count

56 1 & 2 & Rest & Rest & 1 Rest 3 & 4 Rest Rest & Rest & 4 & Rest & Rest & 3 & Rest

R L R L L L R R L R L L L L L R L L L R L

Levels 5-7 Review

57

Clap & Count

1 2 & 3 4 & | 1 2 3 & 4 | Rest & Rest & Rest & Rest & | 1 2 3 4

R L R L R L | R L R L R | L L L L | R R R R

58

Clap & Count

1 & 2 & 3 4 & | 1 & 2 3 & 4 | 1 2 3 & 4 & | 1 & Rest 3 & Rest

R L R L R | R L R L R | R L R L R L | R L R L

59

Clap & Count

1 2 3 & 4 & | 1 2 & 3 4 | 1 2 & 3 4 | Rest 2 3 & 4

R L R L R L | R L R L R | L R L R L | L R L R

60

Clap & Count

1 & 2 & 3 & 4 & | Rest & Rest & Rest & 4 & | Rest & Rest & 3 & Rest | 1 2 & 3 4 &

R L R L R L R L | L L L R L | L L R L | R L R L R L

61

Clap & Count

1 2 3 4 | 1 & 2 & 3 4 | 1 & 2 3 & 4 | 1 & 2 3 4

R L R L | R L R L R L | R L R L R L | R L R L R

62

Clap & Count

1 2 & 3 4 | 1 & 2 3 & 4 | Rest & Rest & 3 4 | 1 2 3 & 4 &

R R L R L | R L R L R L | L L R L | R L R L R L

63

Clap & Count

1 2 Rest & Rest & | Rest & Rest & 3 & Rest | 1 & 2 3 4 & Rest | 2 3 & 4

R L L L | L L R L | R L R L R L | R L R L

64

Clap & Count

1 2 & 3 4 | 1 & 2 & Rest & Rest & | 1 & Rest & 3 & Rest & | 1 2 & 3 & 4

R R L R L | R L R L L L | R L L R L L | R R L R L R

Solos

Easy Peezy, Lemon Squeezy

Clap & Count

1 2 3 4 Rest Rest 3 4 1 2 3 4 1 Rest 3 Rest

This line of notation consists of four measures. The first measure has four quarter notes with counts 1, 2, 3, and 4. The second measure has two rests followed by two quarter notes with counts 3 and 4. The third measure has four quarter notes with counts 1, 2, 3, and 4. The fourth measure has a quarter note with count 1, a rest, a quarter note with count 3, and a rest.

Clap & Count

1 Rest Rest 4 Rest 2 3 4 1 2 3 Rest 1 2 Rest 4

This line of notation consists of four measures. The first measure has a quarter note with count 1, two rests, and a quarter note with count 4. The second measure has a rest, two quarter notes with counts 2 and 3, and a quarter note with count 4. The third measure has four quarter notes with counts 1, 2, 3, and a rest. The fourth measure has a quarter note with count 1, a quarter note with count 2, a rest, and a quarter note with count 4.

Clap & Count

1 2 3 Rest 1 2 3 4 1 Rest 3 Rest 1 2 Rest Rest

This line of notation consists of four measures. The first measure has three quarter notes with counts 1, 2, and 3, followed by a rest. The second measure has four quarter notes with counts 1, 2, 3, and 4. The third measure has a quarter note with count 1, a rest, a quarter note with count 3, and a rest. The fourth measure has a quarter note with count 1, a quarter note with count 2, a rest, and a rest.

Clap & Count

1 2 3 4 Rest Rest Rest 4 1 2 Rest 4 1 Rest 3 Rest

This line of notation consists of four measures. The first measure has four quarter notes with counts 1, 2, 3, and 4. The second measure has three rests followed by a quarter note with count 4. The third measure has a quarter note with count 1, a quarter note with count 2, a rest, and a quarter note with count 4. The fourth measure has a quarter note with count 1, a rest, a quarter note with count 3, and a rest.

i think i can, I Think I Can!

Clap & Count

Rest 2 3 Rest 1 2 Rest Rest 1 Rest Rest 4 Rest Rest 3 4

This line of notation consists of four measures. The first measure has a rest, a quarter note with count 2, a quarter note with count 3, and a rest. The second measure has a quarter note with count 1, a quarter note with count 2, a rest, and a rest. The third measure has a quarter note with count 1, a rest, a rest, and a quarter note with count 4. The fourth measure has a rest, a rest, a quarter note with count 3, and a quarter note with count 4.

Clap & Count

1 2 3 4 Rest Rest 3 4 1 Rest 3 Rest 1 2 Rest 4

This line of notation consists of four measures. The first measure has four quarter notes with counts 1, 2, 3, and 4. The second measure has two rests followed by two quarter notes with counts 3 and 4. The third measure has a quarter note with count 1, a rest, a quarter note with count 3, and a rest. The fourth measure has a quarter note with count 1, a quarter note with count 2, a rest, and a quarter note with count 4.

Clap & Count

1 Rest 3 Rest 1 2 Rest 4 1 2 Rest Rest 1 2 3 4

This line of notation consists of four measures. The first measure has a quarter note with count 1, a rest, a quarter note with count 3, and a rest. The second measure has a quarter note with count 1, a quarter note with count 2, a rest, and a quarter note with count 4. The third measure has a quarter note with count 1, a quarter note with count 2, a rest, and a rest. The fourth measure has a quarter note with count 1, a quarter note with count 2, a quarter note with count 3, and a quarter note with count 4.

Clap & Count

Rest 2 3 4 Rest 2 3 Rest 1 2 Rest Rest 1 Rest Rest 4

This line of notation consists of four measures. The first measure has a rest, a quarter note with count 2, a quarter note with count 3, and a quarter note with count 4. The second measure has a rest, a quarter note with count 2, a quarter note with count 3, and a rest. The third measure has a quarter note with count 1, a quarter note with count 2, a rest, and a rest. The fourth measure has a quarter note with count 1, a rest, a rest, and a quarter note with count 4.